

# MICHELLE HILLIER

CEO, EXPERIENCE GROOVE - CHIEF EXPERIENCE OFFICER  
VIRTUAL & IN-PERSON MOVEMENT/WELLNESS EXPERIENCES



A skilled and passionate movement expert, Michelle Hillier's mission is to get people of all ages and abilities moving in their OWN way. Michelle gives her audiences a transformative and unforgettable experience whether it be her vibrant large crowd activations, group breakout workshops, or her inspiring keynote address. A recent TEDx presenter, Michelle has become a sought after speaker and facilitator across a broad range of industries, travelling internationally with her message. Her ability to customize her programs and tie into a conference theme or event is unparalleled. A published author, Michelle holds a B.A and B.Ed and is currently on faculty at two Ontario universities in the teacher education programs for new and current educators. A professional dancer and facilitator for over 20 years, Michelle believes that everyone deserves the chance to explore movement, and her mantra is "You Can't Get It Wrong!". You may have seen Michelle and Experience Groove on the following media outlets:

*"Today's experience with Michelle provided me with something I wasn't even sure I was missing in my life. Not only was I engaged and motivated, I was excited to move. I felt comfortable being myself and left feeling confident; something I haven't felt in a very long time."*

S. Johnson, NYC, Conference Delegate



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# 2020 VIRTUAL PRESENTATIONS

- KPMG
- BMO
- Bayer Canada
- IG Wealth Management
- Sonography Canada
- York University
- Canadian Event Planners
- Brock University
- SHAPE America
- Skillastics America
- Healthcare Event Planning
- Minister of Finance Officers Association
- Heka Health Movement Challenge Program
- Mommy Connections Canada
- Ontario Institute for Studies in Education
- Keys to Inclusion West Toronto
- Canadian Society of Association Executives
- Hillfield Strathallen Academy



## MICHELLE'S RECENT PRESENTATION CLIENTS:



"I was fortunate enough to attend this convention with Michelle as the keynote presenter. I was speechless after her experience with us. Hands down, the absolute best keynote I have ever seen in years of attending conferences. She is magic on the stage and the content is so interactive and innovative." Erik Danielson, Education Consultant, Seattle WA

**TO BOOK MICHELLE:**

**416.818.8804**

**MICHELLE@EXPERIENCEGROOVE.COM**



@michelle\_experiencegroove



@michgroove



YouTube



Michelle Hillier

# VIRTUAL MOVEMENT ACTIVATIONS

Michelle uses a very unique approach to movement which is innovative, inclusive, memorable and fun. Delegates will be up on their feet moving to music using simple movements while interacting and engaging with each other through a remote virtual platform on their screens!

- 5-15minute breaks throughout the day, as many as needed
- completely customized to the theme of your event or conference



**Virtual Fee:**  
**\$150 - \$450 +HST**  
**per appearance**



**Virtual Fee:**  
**\$500 - \$750 +HST**

## WORKSHOPS AND BREAKOUTS

Even through the tiles on our screens, these sessions still create connections that are out of this world! These facilitated, experiential wellness-focused sessions will infuse positive health messaging while exploring creativity and physical literacy in an extremely innovative way. Participants will be up on their feet discovering how movement and music has the power to transform and create change amongst themselves and each other.

- 45-90 minutes in length depending on chosen theme
- all materials will be shared so teams/groups can have takeaways

## KEYNOTE ADDRESS



**Virtual Fee:**  
**\$1500+HST**

Humans are better when we move. Movement awakens, inspires and restores. Imagine an environment where people are brought together to work, play, or create and where they discover that physical movement is a critical component to their individual and mutual success. Through her inspiring keynote address, Michelle will share her personal story take people of all ages on a journey from fear to freedom. The best part about engaging with Michelle is, "You Can't Get It Wrong!" (45min - 1 hour in length)



**Virtual Daily Fee:**  
**\$1250 +HST**

## MC/HOST

With years of experience as a professional stage performer Michelle uses her charisma and tested techniques to weave movement activations in between announcements, activities or speakers to engage the audience and keep the agenda flowing smoothly. Michelle brings undeniable energy and excitement into the room, making the event memorable and fun! (All day - customizable)